Last week I wanted to post, but didn’t take the chance. I want to share some things I learned about humility as I studied it in the scriptures. I gained a few insights about what it is, and the incredible blessings that God gives to those who are humble.

The definition, I think, of humility is what King Benjamin said to his people in Mosiah 3:18: “become as little children, and believe that salvation was, and is, and is to come, in and through the atoning blood of Christ, the Lord Omnipotent.” and 19 goes on even more, but I think being humble is acknowledging our dependence on the Lord after all we can do, which usually isn’t much.

And I don’t know which comes first, humility or faith, but I think they go hand in hand. So as we are humble and have faith in the Lord, we feel a need to repent and reconcile ourselves to God, which turns us back to Him, and then we become more like Him in our character with divine traits.

So, as I did a search on the word humble in my LDS Gospel Library app, I was blown away by how many blessings the Lord will give to the humble. These are some of what I discovered:

**Old Testament**

**The Lord will...**

- forgive your sin and heal your land
- hear you
- save you
- forget not your cry
- dwell in the high and holy place with him
- revive the spirit and revive the heart

**New Testament**

- whosoever is humble as a child is greatest in the kingdom of heaven
- shall be exalted
- giveth grace

**The Pearl of Great Price**
- The Lord, who is rich in mercy, and ever willing to answer the consistent prayer of the humble

**Doctrine and Covenants**

- be made strong, and blessed from on high, and receive knowledge from time to time
- grant unto him a view of the things which he desires to see
- assist in the work
- escape your enemies
- see God
- obtain wisdom and find truth
- I will multiply blessings upon you
- the Lord thy God shall lead thee by the hand, and give thee answer to thy prayers
- receive of the Spirit

**The Book of Mormon**

- have the power of the Lord with you
- always rejoice, and be filled with the love of God, always retain a remission of sins, grow in the knowledge of the glory of God
- ease burdens
- deliver out of bondage
- cleansed and made white through the blood of Christ
- exceeding joy
- prepared to hear the word
- learn wisdom
- blessed
- highly favored of the Lord
- wax strong and prosper in the land
- wax stronger in faith, fill soul with joy and consolation, purifying and sanctifying of hearts
- multitude of tender mercies upon you
- if they humble themselves before me, and have faith in me, then will I make weak things become strong unto them
- be saved with their little children
It is worth it to me to strip myself of pride to receive even a fraction of these blessings. I truly need them, and I think we all do. This list tells me that the Lord is anxious to bless his children, and humility (along with faith) is the way.